

Post Conference Workshop 1: Dream Again - reclaiming the stage ***Workshop Leader – Martin Putt***

At its heart, psychodrama is a vehicle for the imagination, liberating us from the isolation of fact, repetition and self-reliance. On the stage, creativity thrives, enriching our reality, expanding our experience such that we feel connected to the universe again. When we enter into our own and each other's worlds in a spirit of play and imagination we restore dignity, embolden hope and ignite spontaneity.

My aim in this workshop is to refresh your love for our method. As auxiliaries, to reinvigorate, what can become, tired obedience and staid conservatism. As directors, to generate the courage to act on intuition and imagination with originality, vitality and daring. As group members, to warm up wholeheartedly to our self, to each other and to the group, so we might, as Zerka Moreno suggests, "create those scenes that do not, cannot and are not ever likely to happen in real life".

The workshop intends to enhance your capacity to reboot yourself as a creative being, reclaiming the stage from the demands, as directors, to do therapy and as protagonists, to resolve our issues. I invite you to leave your perfectionism at the door and embrace experimentation. As we re-imagine the artistry and magic of psychodrama and surplus reality in particular, there will be opportunities to display and investigate what you are carrying forward into the year ahead. This is an opportunity to dream again - about yourself, your practice and the method.

Martin Putt is a certificated psychodramatist from New Zealand. His training as an actor in improvisational theatre led him to chance upon Playback Theatre. Inspired by the personal challenge and relevance he found there, he realised those he wished to emulate all seemed to be involved with something called "Psychodrama". Enrolling in a year's training at the Auckland Training Centre for Psychodrama he fell in love with the experiential, imaginative and relational nature of the psychodrama method and its philosophic origins. Deeply stimulated by his encounter and subsequent training with Max Clayton he undertook to complete his training as a psychodramatist. Martin continues to value the integration and enrichment his association with AANZPA generates, particularly the laughter, tenderness and friendship.

Times: Monday, 22nd January, 9am - 9pm. Tuesday, 23rd January, 9am - 4pm
Cost: \$425 (AUD, inc of GST, all meals provided)