

***Pre-Conference Workshop 1 : Personal Development.
Workshop Leaders : Richard Hall and Annette Fisher***

This workshop is open to people wanting to attend to their personal and professional development. The aim is to use the psychodramatic method to explore aspects of life that need refinement, exploration and resolution. This will assist participants to focus on and hone their commitment to their life purposes. Freedom from the old will assist group members in becoming increasingly spontaneous and creative in their lives.

The workshop will include group work and psychodramatic enactments. Participants will have an opportunity to participate as a protagonist, an auxiliary and as a group member.

Richard Hall is a Psychodramatist, Trainer Educator Practitioner in Training (TEPit) and is a Trainer with Psychodrama Australia – Melbourne Campus. He is a consulting psychologist in private practice working with individuals and couples and has been running personal development groups with a wide range of people for 25 years. As a primary school teacher and qualified teacher of the deaf he has worked with students of all ages and with specific learning difficulties. He also works in a variety of organisational settings providing training and supervision.

Annette Fisher is a Psychodramatist, Trainer Educator Practitioner and is a Trainer with Psychodrama Australia – Sydney/ACT and Adelaide Campus. She is a psychotherapist and supervisor in a private practice and provided consultancies to organisations. For over forty years she has applied the psychodramatic method in her work in hospitals, community health centers, drug and alcohol centers and in organisational development. As an artist with a BAHons in fine arts she is particularly interested in the use of aesthetics and the creative arts in psychotherapy.

Times:

Tuesday, 16th January, 9am - 6pm

Wednesday, 17th January, 9am - 4pm

Cost: \$495 (AUD, inc of GST, all meals provided)

***Pre-Conference Workshop 2 : The Sociodramatic Family: Increasing spontaneity and reducing shame
Workshop Leader : Sara Crane***

When we enter into family systems with an expansive view of the context and conserves from which they developed we are more able to maintain our spontaneity and co-create enabling solutions to the issues they present. This is a chance for you to view the families you belong to and the ones you work with through a sociodramatic lens.

In this workshop you may enter the worlds of sociodramatic play, families with children, adult families, and the sociometric families and communities that you consciously choose.

This is a means through which we can leave a blame, shame and scapegoating culture and embrace the wider changing world with renewed energy and insight. Bring yourselves and your families, and we will co-create the sociodramatic families that arise from this group.

Sara Crane is a Trainer, Educator and Practitioner who has been a trainer with the Christchurch Institute for Training in Psychodrama for the past 20 years. Currently she is involved in the training programs in Christchurch and Dunedin and has a particular interest in family systems and group work. She works as a Psychodramatist based in Christchurch running groups and working with a wide range of people including young children and families (often with help from her dog). Sara is a mother, grandmother, llama farmer and manages a vast and unruly garden.

Times:

Tuesday, 16th January, 9am - 6pm

Wednesday, 17th January, 9am - 4pm

Cost: \$425 (AUD, inc of GST, all meals provided)