

The Ancestor Syndrome

Transgenerational psychotherapy and the hidden links in the family tree

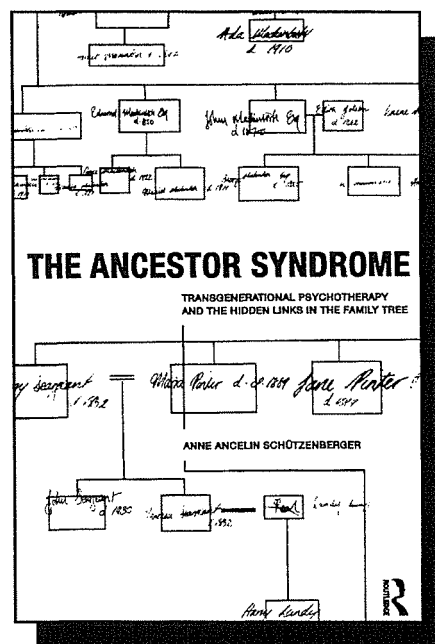
by Anne Ancelin Schutzenberger

Routeledge

As her work traverses generations, Anne Ancelin Schutzenberger's writing traverses those who have influenced her work, case studies, her methodology, examples, events within and between countries, her own family stories, and her wisdom from over 40 years of practice.

The author reveals that not discussing and sharing painful or shameful events or losses at the time ensures a legacy within subsequent generations with repeated or similar events re-emerging.

Careful and dedicated unravelling of the geneosociogram, working to five generations in the historic context, and defining sociometric links and important facts and events together with her own free association and attentiveness, assists her clients bring forward the not remembered into consciousness. Her passion is helping those who are suffering, and she digs deeply into life stories searching for hidden and unconscious links. Revelling in the synchronicity of group members lives, Anne Ancelin Schutzenberger outlines the processes and concepts she works with, enabling clients to free the self from repeating patterns



no longer useful or relevant.

She weaves together influences from Freud, Moreno, Dolto, Abraham, Boszormenyi-Nagi and others, in a tapestry displaying depth of knowledge, concepts, thought, innovative and classical methodology embedded within her psychoanalytic and therapeutic practice.

I loved reading this book, gained

further insight into the complexity of human life, and am inspired by the depth of thought, care and experience the author brings to her work. The book is practical, easy to read, roves freely between stories and concepts. The Ancestor Syndrome will appeal to anyone who values therapeutic intervention, and is particularly relevant in New Zealand where Maori have deep appreciation of their genealogy.

Reviewed by Diana Jones