Editorial

Kia ora koutou
Greetings to you all

My hopes for this Journal are that it will bring beauty and stimulation into your experience as you read the articles. Maybe some of them will enable you to act on your dreams.

Many of you have contributed to bringing this Journal to life. Alongside the writers are a team of steadfast companions, provocateurs and clear eyed editors. Especial thanks and gratitude to Bona, for a thoroughly thorough handover, to Judy for the final painstakingly detailed edit, to Simon for superb technical support and training, and to Chris and Phil for unwavering support. We made it!

I was trying to come up with a sentence or phrase, other than “The Year of Pestilence”, which would somehow encapsulate this year of Covid-19. All I could think of was “The Year of Wonder” by Geraldine Brooks about the plague in 1666 and the self-imposed isolation of a group of villagers who sought to protect themselves and others from the plague. So many unforeseen events have manifested in this new way of being, the realms of Zoom and other virtual realities dominating interpersonal relationships like never before. How is tele experienced and measured now? All this alongside the ongoing issues of climate change, racism, poverty and everything else we hope psychodrama can influence.

At the core of everything are our relationships with each other. We value the connections that AANZPA sustains between us and we’ve grown accustomed to being able to meet up, associate, work, train and have fun together, to go to conferences, workshops and training events. The depth of these relationships span many decades and continue to ripple through our community. I imagine that all of you are challenged in a myriad of ways to keep the spirit of psychodrama alive as you live with the impact of Covid-19. Some of you will have been stretched by the incredible demands of work and some of you may have had times to catch up on projects and creative pursuits. Together we will get to know what has been learned and developed from the new norms that are being established.

Here are some stories for you to read so that you get a sense of what others are up to in their lives.

We are opening this Journal with “A place to meet” by Hilde Knottenbelt through which she invites us to join her in this new territory in which we are called to muster all our spontaneity, especially in the realm of Zoom. A photographer, Yvonne Shaw, captures the essence of a psychodrama group and Hamish Brown responds with his experience of
being photographed. Phillipa van Kuilenburg brings us her insights into the impact of the mirror. Anna Heriot leads us into the heart of her work as a sociodramatist in situ. We travel with a poet, Christo Patty as he lets us into his island world through a series of haiku. Ali Begg demonstrates how she works as a medical educator so we can engage with the doctors’ perspective.

Elizabeth Synnot and Diana Jones review two very different books: J.L. Moreno’s seminal work on Sociometry and Antony Williams’s latest offering on consultancy. On the last page Jenny Wilson describes her work as a ceramic artist and the creator of the moths which feature on the cover of the Journal.

Happy reading!

Nga mihi mahana

*Sara Crane*

*Journal Editor*