

Editorial

Tēnā koutou katoa
Welcome to you all

Ko tāu rourou, ko tāku rourou, ka ora ai te iwi.
With your contribution, and my contribution, the people will survive and grow.

He māramatanga tō tēnei whetū,
he māramatanga anō tō tērā whetū.
Each star has its own luminescence or presence in the sky,
Each individual has their own personality.

Increasingly, in the world we now live in, we are challenged to warm up again and again to AANZPA's vision. We seek to be spontaneous and joyful in spite of living in troubled times where war, pestilence and uncertainty are ever present. We continue to sustain ourselves through relationship and valuing our psychodrama connections, old and new, known and unknown.

Some of us read novels, play music or create art. Others walk, sing, dance and dream. We nurture our land, be with other creatures, be in nature. We play, we work, we sleep. We let significant others know about us.

In this *Journal* you can read contributions from different perspectives as the writers show us their take on work, life and being. I hope that these articles move you, like a starry night. That each of you will find something stimulating and life giving. And most of all, we will strengthen our understanding and valuing of each other's experience.

The first article, by Hamish Brown, invites us to consider the forces of social cohesion, collaboration and decision-making in working effectively with organisations. Glenis Levack tenderly demonstrates how to engage teenagers in a new warm up to learning. Then Jane Maher engages us in her take on Beauty and the Covid Beast. Neil Simmons follows with an engaging account of how he brings psychodrama into his medical practice.

By this time, I hope you are involved with the stories and maybe ready to tell one of your own. To get you going, Diana Jones shares her wisdom as the author of two published psychodrama books. If you are motivated to be a change agent in your community, Cissy Rock's demonstration of how to do it will inspire you. Craig Whisker reflects on his experiences leading a residential psychodrama group.

This *Journal* concludes with reviews of two books: *Leadership Levers* and *Social Work, Sociometry and Psychodrama*. Ali Begg has taken a stunning

photograph of three of her mugs to grace the cover of our *Journal* this year, a word about her process follows the book reviews.

An invitation to the Brisbane Conference in 2024 is on the back page.

Mā te wā

Farewell until sometime in the future

Sara Crane

Editor