

Editorial

Kia ora koutou
Greetings to you all

This is the 30th Journal produced by AANZPA. That we are still going strong in spite of all the ongoing challenges and uncertainties is a tribute to the strength of relationships and enduring dedication to spontaneity that AANZPA engenders.

I really didn't imagine that we would still be so stymied by Covid-19 this year. And I didn't take in, to begin with, the impact this would have on the contributors to this Journal. Lockdown and the protocols and restrictions in both Aotearoa New Zealand and Australia have had unforeseen consequences for the writers. Having time and space (and isolation) are not necessarily conducive to creativity and motivation.

So I am profoundly grateful for all the effort and commitment it has taken to produce these articles and I know that many people have been involved in bringing them to fruition. Friends, partners, family/whanau and colleagues often provide impetus and are sounding boards for developing ideas. The lessening of contact with significant others has stirred up some different expressions of flexibility.

I hope this Journal gives you the opportunity to feel more connected with each other. I also hope that these stories provoke and inspire you and you enjoy reading them.

Please contact each other directly when you have a response and also let me know if there is something you would like to read or something you are warmed up to writing. A movie review, a novel?

So to really get into the flow I invite you to wake up and breathe. Phil Carter's 'Hopeless, Choiceless and Other Experiential Openings for Psychodramatic Theory and Practice' will show you how. Next up, Jenny Hutt 'Perspectives on Racism' educates us that racial equity is achievable as opposed to legalised racism. Paul Baakman's article 'Shining a light on the blues, the gift of psychodrama' encourages a psychodramatic approach for victims of misjudged prescription drugs. Jenny Postlethwaite offers some delightful metaphors in her presentation of coaching in 'There's Lots of World Out There'.

In 'The Value of Sociodrama in Psychodramatic Couple Therapy Training' Walter Logeman shares his delight in his use of the sociodramatic couple when training therapists. Annette Fisher shows us her exquisite ability to be a tuning fork in her article 'Catch a Falling Star and Put it in Your Pocket — Never Let it Fade Away'

This is followed by Trisha Bennett's experiences of encounter in her

work at Hospice 'Gifts of Encounter at Death's Door'. The final article brings us poetry as Rowan Jeffery reveals her journey in 'How psychodrama helped pop my creativity cork'

Then we have two book reviews, 'Moreno's Personality Theory and Its Relationship to Psychodrama: A Philosophical, Developmental and Therapeutic Perspective', reviewed by David Oliphant and 'Words of the Daughter: A Memoir' by Regina Moreno reviewed by Judith McDonald.

This year you can find out about the painting by Trisha Bennett at the end of the Journal. An announcement about the next conference is on the back page. May we all meet in person in at the Conference in July.

Ngā mihi mahana
Sara Crane
Editor