Sacred Connections 4

Trisha Bennett

Trisha is a psychodramatist who whakapapas to Ngāti Raukawa and has Irish and British heritage.

She is interested in the unseen psycho-spiritual dimensions of life.

This edition's cover image is one of a series of nine paintings and was submitted towards Trisha's 2020 post graduate diploma in visual arts.

Articulating her own experience of encounter in the liminal space between life and death, while working with people who were close to death, formed the motivation and inner material for this series.

This particular painting formed part of her "lockdown experience" that evoked a deep encounter with her own mortality, subsequent coping roles and inner life.

She remains compelled to explore the landscape of transition and encounter in her work and periods of transition in her own life.