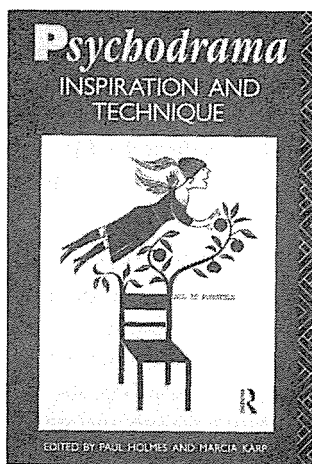


Book Reviews



Psychodrama: Inspiration and Technique

*Edited by Paul Holmes and
Marcia Karp*

In the cover picture are the words "All is possible". This is one of the premises that the book sets out to demonstrate – that is, through the application of the psychodramatic method many potentials can be realised. With this underlying purpose it is both an inspiring and informative book as the title suggests.

'Inspiration and Technique' is about the therapeutic uses of psychodrama. Each contributor shows a generosity and willingness to invite the reader to enter their world and view the work they have been developing with particular client groups. These include groups of

adolescents, disabled adults, alcoholics and the terminally ill.

The development of the book through thoughtful arrangement of chapters assists the reader to gain a deeper sense of what psychodrama involves. This is a book about practice related up to theory and technique. Enough history and theoretical framework is divulged to encourage rather than hamper the overall emphasis on "how" and this is well supported by descriptions of actual sessions.

'Inspiration and Technique' is a book that encourages reflection, dialogue and writing about clinical practice. I have heard three different stories of colleagues who have been stimulated by reading this book and have initiated correspondence with various contributors.

This book would be of interest and value to practitioners, particularly those who are working with specialist client groups. It is also a book that is encouraging and accessible to trainees who are just beginning to approach the psychodrama literature.

— *Beverley Hosking*

Love Songs to Life *by Zerka Moreno*

'Love Songs to Life' is an appropriate title for Zerka Moreno's newly published book. The first song presents a fine example. Zerka wrote