

# AANZPA Conference 2018 – Detail of Conference Sessions

5:00 pm Wednesday 17 January – 3:00 pm Sunday 21 January 2018

## Wednesday Evening, 17 January Session and selection, 7:00pm – 9:30pm

	Presenter	Program Session	Other information
1.	Liz Marks	<p><b>The Relationship Embodied. Our Bodies Speak the Truth of the Relationship</b></p> <p>This experiential session will aim to nourish your warm up to the conference. Attention will be paid to physical experiences, tendencies of body and breath as you enter into relationships and warm up to being in the conference. There will be time for noticing and reflecting on what emerges as well as time for sharing.</p> <p><i>Liz Marks is a Psychodramatist, Counselling Psychologist, Family Therapist, and supervisor in Melbourne.</i></p>	
2.	Walter Logerman	<p><b>Even a Genius of Perception Can't Role Reverse with an Intimate Partner</b></p> <p>"However great a genius of perception, one partner of the ensemble (couple or family) might have, he or she cannot produce that episode alone because they have in common their co-conscious and co-unconscious states which are the matrix from which they drew their inspiration and knowledge." Moreno, Psychodrama Vol 1 1977: VII</p> <p>Yes, Moreno said something like that. In this this group we'll produce dramas involving intimate relationships. Enactments will be followed by sharing and reflection on working with intimacy. Five principles for working with psychodrama and intimate relationships will be presented.</p> <p><i>Walter Logerman is a Psychodramatist and Trainer Educator Practitioner, in the Christchurch Institute for Training in Psychodrama. In his private practice in recent years he has specialised in relationship therapy using a psychodramatic approach.</i></p>	
3.	Hilde Knottenbelt	<p><b>You in mind: Illuminations from a Collection</b></p> <p>Our lives are filled with people, things, and moments of experiencing, some of which are captured on our smart phones. As we scroll through our photo collections from time to time, moments and people are recalled, and we reconnect with a time, place, and events in which we participated with significant others.</p> <p>From time to time we delete photos of people and things. These moments of revising our collection potentially hold significant meaning, which may be dealt with by a click, or a prolonged reluctance to click, the delete button. Beginning with digital images, we will use the psychodrama method to open out the resonances held in these moments in time.</p>	Please bring your phone in flight mode or your laptop!

		<p><i>Hilde Knottenbelt is a Psychodramatist with an interest in using the creative arts to expand creative expression and to access diverse ways of knowing. She is on the teaching staff of Psychodrama Australia and co-ordinates the Campus core and intermediate training at the Melbourne.</i></p>	
4.	Annie Currie	<p><b>Realigning your compass</b></p> <p>Having a rest is not necessarily the cure for fatigue. In our haste and busyness with schedules, tasks obligations, and responsibilities, it is easy to lose touch with the real meaning of our lives. Reconnecting with core values and deeper purpose brings renewed vitality and creativity to life and work. This is an opportunity for a refresher through reflective exercises, conversations, and action.</p> <p><i>Annie Currie is a Registered Psychotherapist and Psychodramatist in private practice. Her work includes personal and professional development with individuals, supervision, and the development of leadership and positive cultures in organisational settings.</i></p>	
5.	Jane Maher	<p><b>We all want to feel “got” – Strengthening our role as the ready double</b></p> <p>Everybody in this world has at some stage experienced being lovingly dismissed, disapprovingly dismissed, ignored, expected to not feel what we do, to change, to find a solution, to be rational while confusion, distress, frustration, and other disorganising cross currents of feelings overwhelm us. We have all also been the person who has been dismissive, hastily reassuring, impatient, disinterested, confronted, confused, too busy or blind to the experience of the other. It takes a well-developed and ready double to be there for another when they need to feel “got”.</p> <p>Being a ready double can enable rapid resolution of distressed, confused, and regressive roles in the moment. Then, limit setting can be faced, creative and collaborative problem solving can be explored, and the warm up to more spontaneous and connected living can be generated.</p> <p>In this workshop we will work together to engender a creative group culture to enable a careful exploration of what does and doesn't help when we need to feel got, of times when we have and haven't been got and how we can generate greater readiness to double when we/others need to feel got.</p> <p><i>Jane's experience of her own and others abandoner/abandonment and her love of enabling the children and families she works with, has generated a clearer understanding of how to be a ready double and enable the ready double in others, with rewarding success and joy.</i></p>	
6.	Tony Densley	<p><b>Learning leading: Leading learning</b></p> <p>All of us have opportunities to lead in a wide range of social settings, including family, workplace, friendship groups and formal education settings. This action orientated workshop is a place to celebrate existing skills and to warm up to, and practice new and emerging skills.</p> <p><i>Tony Densley, is a Psychodramatists and TEPit and has spent many years in education and leading groups with a focus on leadership.</i></p>	

7.	Peter Howie	<p><b>Warm-ups - what are they and what do we mean when we discuss them?</b></p> <p>This workshop will look at the concept of warm-up as it is used colloquially in the world and as it is used in psychodrama. Four warm-up concepts will be presented and experimented with; the use of each concept will be practised, and a degree of discrimination developed. Further warm-up concepts may be explored and played with.</p> <p><i>Peter Howie is a Director of Psychodrama Australia and the Director of Training for the Brisbane Campus. He has been developing and running deep learning experiential psychodrama training groups since 1993, qualified as a psychodrama practitioner in 1999, a psychodrama trainer in 2006, achieved his Master of Education in 2011, and completed a PhD researching the psychodramatic concept of warm-up in 2017.</i></p> <p><i>While world peace would be nice, the unspeakable brilliance and clarity of human creativity being a critical life process, keeps him warm and willing to contribute to the eventual emergence of a fantastic world in this millennium or epoch.</i></p>
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**Thursday January 18, Session Selection 9am – 9:30am      All day sessions 9:30am – 5:30pm**

1.	Charmaine McVea	<p><b>Remaining expansive when the group orients to safety</b></p> <p>This workshop focuses on how a group leader can remain expansive when there is a movement in the group to orient to safety. The safety orientation creates a pull to return to the undifferentiated and dependent existence of the matrix of identity. If the group leader goes along with this, self-expression becomes restricted and coping roles are reinforced.</p> <p>The challenge of leadership is to be responsive to the underlying group concern without buying into the proffered solution. We will explore in action the dynamics that emerge in groups around the issue of safety, and the subtle and not so subtle pressures on the group leader to provide safety. We will then explore how we can work with these dynamics from a psychodramatic perspective – orienting to building spontaneity and sociometry.</p> <p><i>Charmaine Mc Vea, PhD, is a trainer with the Psychodrama Australia Sydney-Canberra Campus. She also has a private psychology practice based in Brisbane, where she uses psychodrama in her work with individuals, couples, and groups.</i></p>
2.	Rebecca Ridge	<p><b>Directing from within the 'Window of Tolerance'. Creating somatic resonance with the protagonist</b></p> <p>Moreno believed that a director needs to be the most spontaneous person in a group. Directors working with populations or clients who have a history of trauma, abuse or neglect need to create a 'safe enough' environment for group members within the 'Window of Tolerance'; a model described by Dr Daniel Siegel MD, neuropsychologist, and Dr Pat Ogden creator of sensorimotor therapy.</p>

		<p>In this workshop, you will learn in action about the window of tolerance as a tool and how to create warm ups to soothe the nervous systems of group members.</p> <p>Participants will learn how to use your own somatic resonance as the director to help modulate the protagonist within their 'window of tolerance' to form a contract for a psychodrama. Applying specific skills for managing the emotional regulation of the protagonist helps to create an equilibrium within their nervous system so that they may work more effectively to repair their emotional and physical history of neural dysregulation. By restoring the lost parts of self and strengthening the body mind, gives the protagonist increased resilience to ultimately find the alchemical gold of the soul.</p> <p><i>Rebecca M. Ridge PhD., TEP, APS, registered Health Psych. Body psychotherapist, Educator in Craniosacral therapy, RMT. Specializing in trauma, abuse, and neglect, she trains internationally and has private practices in Sydney, Australia, Hong Kong. and Minnesota, USA. Author of The Body Alchemy of Psychodrama.</i></p>	
3.	<b>Rob Brodie</b>	<p><b>Fostering emergent roles</b></p> <p>“More important than the evolution of creation, is the evolution of the creator”.</p> <p>This workshop will seek to identify how we can assist emergent roles to be strengthened and develop in ourselves and as directors and supervisors. Investigation in action of participants' experiences will be accompanied by shared reflection and no doubt some teaching from the leader.</p> <p><i>Rob Brodie has practised as a group worker and Psychodramatist and trainer in a variety of settings for many years. He is a TEP and DM of AANZPA.</i></p>	
4.	<b>Rollo Browne</b>	<p><b>Exploring the evolution of the creator</b></p> <p>The evolution of Moreno is bound up with our evolution, as creators, as leaders. In almost every situation Moreno wanted to break the cultural conserve and he did so with mixed results. Drawing on a couple of seminal events in his life and the social context at that time, we will examine the roles he took up and what was really required of Moreno to do these things. We will investigate how this is relevant in participants' own evolution as leader, as creator.</p> <p><i>Rollo Browne is a Sociodramatist and TEP, and is currently Director of Training at the Sydney Campus of Psychodrama Australia. He is interested in exploring what is really required of us to evolve as creative beings.</i></p>	Max 18 Group Members
5.	<b>Yehoshua &amp; Annette Fisher</b>	<p><b>Group Psychotherapy in J. L. Moreno's Three-fold Sociometric System</b></p> <p>In her book 'Psychodrama, Surplus Reality and the Art of Healing', Zerka Moreno stated that J. L. Moreno never believed that psychodrama alone was the healing agent. He saw the three-fold sociometric system, consisting of group psychotherapy, psychodrama and sociometry, acting in unison, as the source of healing.</p>	

This workshop will be experiential with some didactic input. It will focus on the group psychotherapy element of the three-fold sociometric system. It is intended as a refresher for psychodramatists, sociodramatists, sociometrists, role-trainers and anyone working with groups. It will include both basic and advanced principles, leader survival tips, a systemic view of participant behaviours and a dynamic view of the stages of group development. After each experiential segment, the participants will be encouraged to comment, from an observer role, on the group process during that segment.

The workshop will assist participants to develop further their abilities to recognise the stages of group development, establish and enhance connection between members, model and coach appropriate communication, and practice effective leadership styles. Attention will be paid to the leader's statement of purpose at the beginning of each session, developing group sociometry, working with conflict, and the use of both task and process leadership. Working with a co-leader will also be modelled.

*Yehoshua is a mental health Social Worker, experiential Psychotherapist, and group Psychotherapist. He recently qualified as a social science researcher in group work and psychodrama [M.Couns(Hons)]. In the past 40 years, he has conducted group psychotherapy with Vietnam veterans, in child protection, and in the community health and private sectors. He has a broad professional and life experience including ten years as an RAAF Flight Lieutenant air traffic controller and fifteen years as a commercial pilot and a senior flight instructor. For recreation he walks the Blue Mountains National Park and paddles his sea-kayak in the Pacific Ocean. His full biography, curriculum vitae and published papers can be seen at <http://yehoshuaindagator.academia.edu>.*

*Annette Fisher is a qualified Psychodrama Trainer, Educator, and Practitioner. A trainer, director with Psychodrama Australia, a Psychodrama Psychotherapist and Counsellor. She is a consultant and psychotherapist in private practice and is a practising visual artist with a BA (visual) with Honours. She has experience in the areas of mental health, community, and health and community development.*

**Thursday January 18, Morning sessions 9:30am – 12:30pm**

**1. Peter Howie**

**Theory Stream 1 - Elements of psychodrama that can be researched**

Psychodrama is often discussed as a complex methodology that does not lend itself to easy forms of research. There are few replicable standards of how to do it, apart from seeing if people do well (outcome studies) and for how long they do well (longitudinal outcome studies), based on predefined criteria which are drawn from quantitative and qualitative research paradigms.

This workshop will take a different approach. In this workshop we will look at the various elements of psychodrama and consider what might be happening and how these might individually be researched.

		<p>For instance, considering the technique of role reversal and developing as wide a perspective as possible - about what it is, what makes it up, what must be present or absent for it to work, the role of imagination, and what it might be used for. And then consider how these various techniques might be examined on their own, in order to establish a deeper understanding and appreciation about what we are playing with. This workshop will be experiential, intellectual, and fun.</p> <p><i>Peter Howie is a Director of Psychodrama Australia and the Director of Training for the Brisbane Campus. He has been developing and running deep learning experiential psychodrama training groups since 1993, qualified as a psychodrama practitioner in 1999, a psychodrama trainer in 2006, completed his Master of Education in 2011, completed a PhD researching the psychodramatic concept of warm-up in 2017. While world peace would be nice, the unspeakable brilliance and clarity of human creativity being a critical life process keeps him warm and willing to contribute to the eventual emergence of a fantastic world in this millennium or epoch.</i></p>
2.	<b>Denise Hagan &amp; Bernadette Rutyna</b>	<p><b>From ‘in the belly’ to Elders – Developing everyday leaders the Puuya way</b></p> <p>Finding your voice and expressing it, is at the core of ‘Puuya’, meaning heart or life force in Kuuku Ya’u language. Kuuku’Yau is one of 6 clans in the remote Lockhart River Indigenous community where leaders are being developed in ways that integrate contemporary leadership concepts and psychodramatic methods with traditional wisdom and culture. Developing leaders the Puuya way, is working with the warm up of people and the various groups; observing what is emerging, and bringing this to life.</p> <p>In this session you will be invited to explore what it means to find your voice in a complex system with conflicting priorities, well established cultural conserves and an ever-present experience of loss and pain. We will combine various aspects of the psychodramatic method, and yarning. Come along warmed up to creating new responses to old human dilemmas.</p> <p><i>Denise Hagan is Founder and CEO of the Puuya Foundation, an organisation established to develop everyday leaders to empower the Aboriginal community of Lockhart River to create a positive future. She works to advance social justice through innovative, community led strategies. She has significant experience as a senior executive in government and leader of organisational and community change. As a psychodrama trainee, Denise has been applying psychodramatic methods in her daily work within the community.</i></p> <p><i>Bernadette Rutyna has her own consulting business focussed on developing leaders and creating effective systemic change in a range of organisational settings. She is a strategic advisor to the Puuya Foundation and designs and delivers experiential workshops for women leaders in Lockhart River to make a positive impact in their community,</i></p> <p><i>Bernadette is an advanced trainee who applies her psychodramatic practice within community organisations, and the public sector, working to increase the spontaneity of the individuals and their teams.</i></p>

## Thursday Afternoon Sessions 2:00 – 5:30pm

1. **Peter Howie**

**Theory Stream 2 - Nutting out the theories – Role Theory**

Role theory may be applied in different ways. For instance, it may be applied as a means to alert a protagonist or a group, to the relational nature of experiences, or as a way of making a narrative sense of the actions of others in a context, in a drama.

This workshop is an opportunity for practitioners or trainers who use or teach role theory to come together to examine what it is we do, what it is we think we do, what are our precious theories and assumptions, and to challenge and support one another to tease these out in action and through dialogue. This workshop may include a short investigation into the of concept adequacy.

*Peter Howie is a Director of Psychodrama Australia and the Director of Training for the Brisbane Campus. He has been developing and running deep learning experiential psychodrama training groups since 1993, qualified as a psychodrama practitioner in 1999, a psychodrama trainer in 2006, completed his Master of Education in 2011, completed a PhD researching the psychodramatic concept of warm-up in 2017. While world peace would be nice, the unspeakable brilliance and clarity of human creativity being a critical life process keeps him warm and willing to contribute to the eventual emergence of a fantastic world in this millennium or epoch.*

2. **Jenny Hutt**

**Conversations with my Country**

What would it take for you to learn to fall in love with your country? The landscapes, people. What's happened there and what's happening now? Bruce Pascoe, an Indigenous Australian writer of Bunurong and Cornish descent, describes this as a marvellous adventure, if we have the 'ticker' for it. And he distinguishes it from 'falling in love with your lifestyle'.

This workshop approaches falling in love with your country through a series of conversations – with each other and in enactments with figures from contemporary life or from the past. People who have something to say, something to show us...This is an experiential sociodrama workshop.

*Jenny Hutt is a Sociodramatist who works as a coach, trainer, and consultant. She is an Associate with Moreton Consulting, a majority Aboriginal-owned company. Jenny is a TEP and Director of Training at the Melbourne Campus of Psychodrama Australia.*

1. **Ali Watersong & Ali Begg**

**Practitioner development forum**

How are you currently getting your professional development needs met and what would you like to be developed?  
 This forum is a space to explore ongoing professional development opportunities for those who have moved beyond training groups. We wish to find out what people are doing currently, and work out a plan for the future that reflects the ongoing needs and aspirations of practitioners. We will do this through group work and dramatic exploration.  
 This forum is suitable for all practitioners including TEPs and TEPITs.

*Ali Watersong is a Psychodramatist, counsellor and teacher in Otautahi Aotearoa (Christchurch NZ). She has been leading personal development groups in the community for nearly 30 years. Now on AANZPA exec, she is interested in furthering opportunities for practitioner development.*

*Ali Begg is a Psychodramatist and GP. She applies psychodrama in her work as a medical educator and in running groups for doctors. Being keen to continue learning, she would like to see ongoing training and professional development opportunities evolve for qualified practitioners.*

2. **Danielle Forer**

**Working with Refugees**

She places a cushion to represent her best friend left in camp. She states, 'You're in my heart forever, remember we always look at the same stars in the sky'. She starts to sing, and the group joins in...

He stands timidly, and the role of an interpreter is chosen. His friend stands and chooses to be a Centrelink counter officer. An exchange occurs, and they are fully in role. The audience members laugh uproariously. They have all experienced this moment of misunderstanding at Centrelink before.

The professional interpreter translates the interaction for us English speakers in the room. There's multiple levels of interpreting occurring in the room at this moment...

Many magical moments occur when Sociodrama is used with refugee communities. Its use is frequently powerful, poignant, and playful.

This workshop presents a Sociodrama format developed to explore the experience of being a newly arrived refugee in Australia. It has been used with young people and adults from many backgrounds including from Burma, South Sudan, Afghanistan, Iraq, and Sri Lanka. At times the Sociodrama method has been used to support psychoeducation, at other times for more in-depth therapy focussed group work.



		<p>This will be an experiential workshop. Participants will gain an understanding of the way in which the safety, containment and spontaneity of the group is supported. There will be a sharing and exploration of some of the complexities encountered and discoveries made in working in this way within my organisational context and with multiple language groups.</p> <p><i>Danielle Forer is a Social Worker and Psychodramatist. She has been working with people from refugee and asylum seeker backgrounds in Australia for the last 16 years and is passionate about group work to support healing and recovery from traumatic experiences. She is a senior practitioner for children, young people, and families at Foundation House in Victoria.</i></p>	
3.	<b>Kevin Franklin and Annette Fisher</b>	<p><b>When I get a whiff of conflict</b></p> <p>In this sociodrama session, we will explore the roles of men and of women in sexist society. Sexualised roles and role relationships may create dilemmas, as both the cause and the effect of male - female conflict (e.g. the war of the sexes). Are men entitled? Do women expect protection?</p> <p>A double bind occurs when people, individually and collectively, cannot identify, name, and so confront or resolve, a covert or embedded dilemma such as endemic sexism. What's going on? We aim to get a handle on this prototype and first-ism (i.e. sexism) which in the human lifespan is prior to racism and to other ethnic, religious, heterosexist (and ageist) covert fissions and overt rifts (e.g. passivity, aggression, violence, divorce, family dysfunction).</p> <p><i>Annie Fisher - I am a Psychodramatist, trainer educator practitioner with the Canberra/Sydney Campus, a director of Psychodrama Australia, a Psychotherapist in private practice and a visual artist. I have an active involvement with politics and conduct community seminars. As a woman, mentor to young woman, single mother and grandmother I am keenly interested in understanding male /female relationships.</i></p> <p><i>Kevin Franklin - I am university educated as a Clinical Psychologist (BA, DipEd, BPsych, PhD) and AANZPA trained in Sociatry as a Psychodramatist and TEP. I began my professional life as a school teacher of social and then biological sciences. I came out as being homosexual in 1968. Now I am an older hopefully wiser gay-man having travelled the roletaker - roleplayer pathway to a more unified identity. I still have "issues" with the-man in of the gay-man equation; hence my personal motivation for this conference presentation. As a partnered man and clinical psychologist, I especially see a need for an alternative to warring behaviour.</i></p>	Max 20 Group members
4.	<b>Willi Boetcher &amp; Fiona Dawes</b>	<p><b>Psychodrama at Work in Therapeutic Groups</b></p> <p>The purpose of this workshop is to explore the potential for the psychodramatic method at work, in groups. This is an invitation to present your work. For example, I lead an afternoon session, in a psychiatric hospital. My group is a weekly experiment with expressing the social and cultural atom in simple symbolic form. Mental Health Nurses, Psychologists, Social Workers, Pastoral Carers, and others who run therapeutic groups. Please come and share your experience.</p> <p><i>Willi Boettcher is a Mental Health Nurse and advanced psychodrama trainee.</i>  <i>Fiona Dawes works with Willi in the private psychiatric setting and is a trainee interested in sociometry.</i></p>	1.5 hours

5.	Jane Goessi	<p><b>Shifting Systems Towards Aliveness</b></p> <p>Being invited in to work out what to do with stuck organisational systems is part of the stuff of life for me these days. Pictures are painted of intractable people and fraught communications. Manager's expectations of one big transforming solution, are expressed in requests for magic wands or bullets.</p> <p>In my experience, carefully uncovering the wider system and exploring the roles and relationships within the system, reveals the points of greatest leverage. There are usually then a number of small and apparently ordinary actions that will shift the system into more life-giving ways of functioning.</p> <p>In this session we will work experientially to uncover, explore, and find ways of shifting a system towards aliveness.</p> <p><i>Jane Goessi is an advanced trainee with the Auckland Training Centre for Psychodrama. Her work uncovering and working with systems at a whole range of levels keeps her on her toes and always appreciating the gift of psychodrama to our lives.</i></p>	
6.	Tom Schwarz	<p><b>Transformation and Attachment - a study in self-empowerment</b></p> <p>This workshop is an experiential exploration of an approach that has been applied with untrained (non-psychodrama exposed) groups to explore and improve on the domain of their encounters with change. It will introduce a simple construct - based upon an adaption of the concept of 'Attachment' and explore with the group how this might work with psychodrama experienced people and groups.</p> <p>The envisioned outcome for participants is the increasing potential for some movement in their varied development journeys, as well as the possibility of adding to their existing approach and construct repertoires.</p> <p>For me, it's a rare opportunity to 'test out' and explore the deeper depths around this construct, with fellow travellers who rejoice and delight in the affirmations of their life forces, of self-empowerment, of diversity and continual learning.</p> <p><i>Tom Schwarz - I am an IAF (International Association of Facilitation) professional facilitator/assessor and an advanced psychodrama trainee. My work encompasses organisations around the Asia Pacific, supporting their yearnings and imperatives for change, for doing it more appropriately, more resiliently - in today and tomorrows VUCA times. This work ranges from Leadership retreats in Phuket for Multinationals, to transforming the education systems in China, to community engagement in Sydney and engaging with Bullying in Schools across Australia.</i></p> <p><i>My approach is a fusion of 'straight' facilitation and Morenian Action Methods - the latter used to concretise and bring to life depth and relations fast, authentically, and introduce greater spontaneity and vulnerability into the work.</i></p>	

1. **Phillipa Van Kuilenberg**

**Versatility of role training, therapy groups and work training**

Role training is an integral aspect of the psychodramatic process that requires a well-developed role of the clinical analyst. We will play with different contexts and how to apply role training concepts in a variety of settings and explore what is possible in your work. We will draw on the roles of the creative genius, courageous explorer, spontaneous actor, clinical analyst, and curious scientist. This workshop is for those who wish to use the process in both therapeutic and in non-therapeutic contexts and what sort of contracting is required.

Process: exploration, discussion, and vignettes

Outcomes: Expansion of ideas, role development and increased confidence to explore and apply the ideas in new contexts.

*Phillipa Van Kuilenberg - I am a certified as a Role Trainer, group worker and Counsellor. I work as a therapist and coach applying the method that does not use the big stage I have used role training in workplace training and coaching. I currently facilitate groups where group members have not contracted for therapeutic intervention and yet want to develop new role responses to old situations. I also work with individuals and apply the method in the counselling room. I am a member of a national team that responds to critical incidents in the workplace that have been traumatic and vicarious trauma and counselling may be counterproductive.*

2. **Simon Gurnsey**

**Community engagement: Creating Participation Frameworks**

In this session, I will let you know how Gap Filler creates participatory frameworks in practice, and involve you in an example of a project I've been involved with. We will explore what community engagement you would like in your community and together investigate how some of these can be implemented. This session will be of interest to practitioners working in community engagement, resilience building, arts participation, or other models of community development. There will be a focus on identifying sociometric links and utilising maximum creativity.

Gap Filler is my workplace; a creative urban initiative, and since 2010 we have been trying out new ideas, pushing social boundaries and adopting participatory processes to get everyday people involved in creating their city. Sociometric experimentation by Gap Filler in Otautahi, Christchurch and other places in Aotearoa and Australia, has involved facilitating a wide range of temporary projects, events, installations, and amenities. Gap Filler observed that the ways of working on these projects, created frameworks for participation. It was clear that these frameworks provided a social infrastructure enabling sociometric interactions that may not otherwise have taken place. Sociometric observations of tele, status, role relationships and subsequent interventions have formed a vital part of this work.

*Simon Gurney is a Sociometrist, stationary engine driver, grandfather, and jack of all trades.*

3.	Kevin Franklin	<p><b>Waking Up to Sociatry: Living Life, Research, and Implications for Us</b></p> <p>Max Clayton used say in the 1970s that psychodrama is “a unified theory and practice”. His statement contradicted modern social scientific philosophy, theory, and practice. But it’s true! It was unified and now in 2018 it is more so!</p> <p>In an interactive style of presentation, I will present an implicit dilemma posed by Moreno’s twofold role taking – roleplaying theory. Parmenides of Elea in ancient Greece in about 500 BC proposed a similar dilemma. In this seminar I will revisit with you, my research identifying a restrictive vs enabling dilemma which has confounded and confused people – especially social scientists – from ancient Greece to the present day (e.g. mental and criminal disorder). I’ve had 30-years to develop and reflect that doctoral research. And, I’m personally much less intense and more passionate. I’m excited by psychodrama, scientifically researching this psychodrama paradigm and a future Sociatry revolution.</p> <p><i>Kevin Franklin - I am university educated as a clinical psychologist (BA, DipEd, BPsych, PhD) and trained in Sociatry as a Psychodramatist and TEP. I began my professional life as a school teacher of social and then biological sciences. I came out, being homosexual, in 1968. Now I am an older, hopefully wiser, gay-man having travelled the roletaker - roleplayer pathway to a more unified identity.</i></p> <p><i>My doctoral research project showed the origin and nature of sexual preference. My thesis supervisor and others didn’t get the theory and since the mid-1980s I have developed understanding of its central restrictive “dilemma” much more. That research demonstrated sexual preference but more importantly it validated a prototype theory based on Morenian role theory. The origin and nature of sexual preference is one implication and there are others.</i></p>	1.5 hours
4.	Paul Baakman	<p><b>Reduce use of Psychiatric Drugs</b></p> <p>I will give a presentation of my recent work in applying psychodramatic principles in assisting clients to prevent, reduce or stop altogether, the use of psychiatric drugs, and will highlight some core principles of this process.</p> <p>The presentation will be followed by a discussion. I hope the session will embolden participants to confidently engage in making 'a dent in the trend' of the current epidemic of chronic over-prescribing and value the potent effect of a psychodramatic, humane and relational approach to human suffering.</p> <p><i>Paul Baakman (TEP) is committed to a drug-free approach in working with those who live with anxiety and depression. He works as a psychotherapist in private practice in Christchurch, NZ. He has a background in Mental Health Nursing and has worked in psychiatric settings and addiction treatment. He is a trainer with the Christchurch Institute for Training in Psychodrama. Spending time with his grandchildren in the forest, is his medicine</i></p>	1.5 hours
5.	Sandra Turner	<p><b>Making a Psychodramatic Formulation – back there, out there, in here</b></p> <p>Whether you are conducting a one off drama, or are working with the development of someone over an extended period of time, a good assessment is essential. Role theory, the social atom and the cultural atom are our assessment tools and they resource us well.</p>	Please bring writing materials

		<p>The re-enactments we each create, and are pulled into with others, are indicative of early social atom behaviours that continue to dominate our current lives.</p> <p>This workshop will focus on sharpening our abilities to make a psychodynamic formulation. There will be some enactments.</p> <p><i>Sandra Turner is a Psychodramatist, Psychotherapist and trainer working in Dunedin.</i></p>	
6.	Phil Carter	<p><b>Interpersonal Neurobiology, Phantom Limbs, Mirroring, and the Social Self Schema</b></p> <p>We will experience how a foreign object may be amalgamated into the felt experience of our physical body. Contemplating how the healing of phantom limb pain can occur through the use of mirrors, offers further insights into the mechanisms of identity. There are clear parallels with the production of the social and cultural atom on the psychodramatic stage. Such understanding can intensify our awe at the astonishing effects that occur.</p> <p>We will experiment with different production techniques and together inquire into the deep mystery which is the psyche, at once individual and collective.</p> <p><i>Dr Philip Carter is a Psychodramatist with two decades experience using the psychodramatic method. He has used the method in research, teaching, computer usability, social inquiry, organisations, leadership training, individual and couples work, men's groups, and domestic violence.</i></p>	
7.	Patricia O'Rourke & Bev Hosking	<p><b>Working therapeutically with infants in the child protection system</b></p> <p>Thinkety, thinkety, think, think, thunk ... - <b>the challenges of working with and within a system.</b></p> <p><b>Patricia will present some reflections on her work with relationship systems with mothers and babies. Then she and Bev will invite you as group members to share your responses and some of your own experiences of working with systems where maintaining your ability to think is a challenge.</b></p> <p><i>Patricia O'Rourke, PhD, is a Psychodramatist and child Psychotherapist with a special interest in child protection and preventative work with infants, toddlers, and their families. She co-ordinates a therapeutic reunification service for maltreated infants and their families at the Women's and Children's Hospital in Adelaide and works as a consultant, supervisor, and trainer in private practice.</i></p> <p><b>Bev Hosking is a role trainer and TEP. She is currently very interested creating social spaces that facilitate folk to explore what matters to them in their personal, social, cultural, and political life. She is committed to bringing spontaneity and creativity to all aspects of life and work. Bev is currently the Executive Director of the Wellington Psychodrama Training Institute and a member of the AANZPA Board of Examiners.</b></p>	1.5 hours

8. Jo Dewar

**Don't Call me a Lady - Exploring Gender Identity and Gender fluidity**

1.5 hours

"Gender definition: The state of being male or female (typically used with reference to social and cultural differences rather than biological ones)". At a time when we in Australia are recognising differences and gay marriage has been on the agenda with the idea that it will create a more just and equitable society, how do we as a thoughtful therapeutic community challenge the social and cultural norms of gender identity? I would like to challenge some of the entrenched beliefs about gender, and discuss who we really are or could be.

Let's get a sense of our own creative being in a world where our being is often brought down to a binary concept of gender. I am passionate about this subject and feel it is an important area for discussion.

In this session, I will read a paper about how my growing up influenced my thinking about gender identity. We will focus on our thoughts and feelings around what we make of gender. Who are we if we are not Him, Her, He, She, Shim, Sham, or Shame?

*I am Jo Dewar, in my 67th year of life. Professionally I am called Josephine, but both Josephine and Jo sit well with me. I am a psychodrama practitioner and currently work in the New South Wales Family and Community Services, specifically as a phone counsellor on the Domestic Violence Help Line.*

*My main role is as a supportive guide for woman in abusive relationships, who are moving towards connecting with themselves and taking action towards a life free from violence. This work continues to challenge and humble me, and I consider it very important.*

*Over the years, my work experience has been diverse and highly relevant to me becoming who I am in the world. For example, I worked as a bus conductor and this experience connected me to the world of life and people. I have been an artist's model where I became connected to myself. I trained as a psychiatric nurse and learnt about the vulnerability of people, especially regarding abusive behaviour towards patients.*

*I am a singer, having worked in theatre and bands, and these experiences have connected me to you and to my feelings of being alive. I consider my work and life experience relevant to my developing ability to connect with myself and others, and this is especially so in regard to one of my current interests. This is focussed on the way in which we connect with one another regarding the issue of gender. Who are we really and what can we do to authentically connect with one another without our gender identity getting in the way?*

Friday Afternoon

Session Selection 2:00pm – 2:30pm

Sessions 2:30pm – 5:30pm

1. Annie Fisher & Annie Bolitho

**A Quality Ritual: Exploring the funeral**

Say you're discerning, and you value creativity, community, relationships, and authenticity. What shape would you want a funeral ritual or ceremony to take, for yourself or a close person? We'll access our experiences, intuitions, spiritual leanings and plans and explore the funeral at this time. We'll look at the times, places, people and ceremonies that play a role in how we make meaning of a life.

*Annie Bolitho is an end of life consultant, and runs a small business in this area, Kinship Ritual [www.kinshipritual.com.au](http://www.kinshipritual.com.au). She is passionate about the value of fresh and relevant funerals and memorials. Annie's practice is strongly influenced by training in sociodrama, and the understanding that individuals and families can collaborate to discover a funeral together. An accomplished MC and public speaker, Annie has a Doctorate of Creative Arts (2003) and a flair for creating community events. She is a member of the Natural Death Advocacy Network and the US National Home Funeral Alliance, and Melbourne convenor of Death Café.*

*Annette Fisher is a Psychodrama Trainer, Educator and Practitioner and a Director of Psychodrama Australia. She is psychodrama psychotherapist in a private practice and works with individuals, couples, and families. She is active in a politics, conducts groups and community development activities. She is a practising artist and is at the moment, developing her abilities in photography.*

2. Peggy Cook

**Deepening the warm-up to doubling**

The purpose is to share my thinking and learning about working with rigid black and white thinkers who are intolerant of ambiguity, where the role of omnipotent know all is overdeveloped along with the protector of all that is good in the social atom. This combined with an underdeveloped learner and listener makes psychotherapy challenging work. I will present a model of development that I find useful in doubling and understanding the Tele between client and therapist.

The process will be to present in action and discuss the role clusters that are enacted in this dynamic and other similar dynamics that participants have experienced. Outcomes for participants will be a deepening of capacity to double and an understanding of how role dynamics influence the Tele.

*Peggy Cook - My background is in education so when I began using the psychodramatic method, it was as a role trainer. My work was in organisations where the contract in workshops was to change behaviours. Since certification as a role trainer I have developed an interest in the psychodramatist's roles and the complex thinking and feeling in people who present as wanting deep changes in their inner life. To learn about this, I have attended workshops and courses to deepen my capacity to work one to one in my psychotherapy practice.*

1.5 hours

3.	<b>Brendan Cartmel and Kevin Franklin</b>	<p><b>Secret Men’s Business: A Social-Science Experiment, Gender Secrecy focussing on Men</b></p> <p>This is a simulation session using psychodramatic principles. It is designed as a learning experience about those twin ideas, the idea of roletaking and the idea of roleplaying. Brendan and Kevin are both passionate about Morenian psychodrama, Role Theory, and its value to people in a global world that can seem increasingly divisive. This sociodrama-simulation session is our first experiment together into the socio-culture of men. Freud, perhaps in calculated understatement, wrote in 1915 that masculine and feminine are amongst the most confused concepts that occur in science. This is our first step into and exploring the idea of men. Participants – men and women – are invited to this novel approach to Role Theory.</p> <p><i>Brendan Cartmel is an AANZPA Certificated Sociodramatist practicing in Melbourne. He practices both as a Sociodramatist and as an executive coach using inter-developmental assessments to complement Role Analysis. He is currently researching Philosophy of Difference and Complex Process and Social Emancipation in Continental Philosophy.</i></p> <p><i>Kevin Franklin - I am university educated as a clinical psychologist (BA, DipEd, BPsych, PhD) and trained in Sociatry as a Psychodramatist and TEP. I began my professional life as a school teacher of social and then biological sciences. Sociatry – the science of healing the socius – is emergent from a vast human history of religion, philosophy, the study of nature (physical science), the empirical study of peoples, culture etc (social science) and Moreno’s new and novel Role Theory. I appreciate and in various ways (a) love, and (b) value – in that order – what (x) psychodrama theory and (y) psychodrama method “is” and “what is” uniquely.</i></p>	Max 15 Group Members
4.	<b>Regional Office Holders</b>	<p>This is an opportunity to advance collaboration, and information sharing between regions. Let’s find out what we currently doing, what is working and not, and develop ongoing ways to connect for the future. Other areas of focus will be determined when the group meets. All current regional office holders are invited.</p>	1.5 hours
5.	<b>Helen Phelan &amp; Diz Synnot</b>	<p><b>Exploring the future between AANZPA and PACFA</b></p> <p>The Purpose is to explore the future options for the formal relationship AANZPA has with PACFA in the context of the PACFA restructure and AANZPA objectives. The session will be a mix of information on aspects of the PACFA restructure, AANZPA’s current status and facilitated discussion. The invitation is to explore the opportunities and impacts from different perspectives with a view to the future form and extent of the relationship to meet AANZPA's objectives. The session will include some information and sharing relating to psychotherapy and counselling registration and training standards in Australia and the recognition of psychodrama in this field. The outcome envisaged is a draft proposal developed by the group to be put to the AANZPA members at the AGM. All interested folks welcome.</p> <p><i>Elizabeth Synnot has been an AANZPA delegate to PACFA for four years. As our current President, she is keen for psychodrama to continue to take its place in the counselling and psychotherapy world, to influence the development of policy and self-regulation and to have interaction with like-minded organisations that work with similar purpose to AANZPA. She is a TEPIT in the Brisbane Campus of Psychodrama Australia and has a modest practice as a family therapist and leadership role trainer.</i></p>	1.5 hours



		<p><i>Helen Phelan has been an AANZPA delegate to PACFA for two years. Over this time, PACFA has been transitioning to their new structure, and she has been keen to appreciate and report on these organisational changes. Helen's priorities in the role have been to assist in identifying where the "new" PACFA and AANZPA goals might meet for mutual benefit, at the same time acknowledging that the changes may bring challenges. She is supportive of AANZPA having professional links and recognition in the psychotherapy and counselling field as well as other related professional networks both domestic and international. Helen is a Sociometrist-practitioner in Western Australia with a focus on social justice and organisational development.</i></p>
6.	<b>Neil Simmons</b>	<p><b>Thesis in the spotlight</b></p> <p>In this workshop several writers of recently published theses have been invited to present their work in action. This will create an opportunity to explore the heart of the writing and the response of others to the work.</p> <p>The writers presenting in this session are: Simon Gurnsey, Jo Dewar, Marcel Van de Weerden, Jenny Postlethwaite, Marlene Hixon.</p> <p><i>Neil is an advanced trainee at the Brisbane Campus of Psychodrama Australia. He is currently close to submitting his psychodrama thesis. He also works as a medical doctor and a playback theatre practitioner.</i></p>
7.	<b>Chris Patty</b>	<p><b>Not for the few, but for the many - getting writing</b></p> <p>Many people write but few write well, yet many of us aspire to write... about our experiences ...what we learn...what we know...what we'd like to know... satisfying our creative curiosity. I've worked out that there's nothing quite like writing. But in the words of Charmaine McVea - "It's not a natural thing we do". I'm prompted to offer this workshop as I struggle with writing, particularly with the psychodramatic method in mind. I work with my own demons. Paradoxically, I find that the more I write, on any aspect of my practice, the more I find an ease with the written expression.</p> <p>Come along if valuing your own written expression is in your sights. We'll warm up to each other, write and share our writing. We'll 'assume the position' and write. It may be a little, it may be a lot. We may have some short enactments on what we've written. Hopefully we'll start to build a new relationship with what we write.</p> <p><i>Chris Patty - I'm an advanced trainee in the AANZPA Queensland Region. My work is as an organisational development consultant with an eclectic practice of individual and group activities within organisations, and with people at all organisational levels. Alternately you'll find me upside down in my kayak off the coast of Coochiemudlo Island – don't disturb me, I'm practising my Greenland roll.</i></p>

**Friday Evening January 19,**

1.	<b>Wendy McIntosh MC</b>	<b>Chalkboard Concert</b>	Main dining hall
2.		<b>Impromptu Musicians get together following concert</b>	Venue to be advised

**Saturday January 20, All day**

1.	<b>All invited</b>	<b>AANZPA Annual General Meeting 9:00am – 4:00pm</b>	Main dining hall
2.	<b>All invited</b>	<b>Dinner Dance 7:00pm to 12 midnight</b>	Main dining hall

**Sunday Morning, January 21 Sessions      Selection 9:00am – 9:30am      Sessions 9:30am – 12:30pm**

1.	<b>Kath Howard</b>	<p><b>Women and depression, menstrual shaming, and the denial of the cyclic self</b></p> <p>A 15-year old girl is told by her doctor - “don’t bleed if you don’t want to- go on the pill.”          Advertisements depict menstruating women - usually dressed in tight fitting white clothes, or a white bikini; being incredibly active and advocating the use of “protection” of varying strengths in order to pretend that menstruation is not occurring. When the Victorian Women’s Trust introduced a Menstrual Policy (which included amongst other things, paid menstrual leave) in 2017, there were many scathing responses: amounting to “harden up for the sake of equality.”</p>	
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		<p>This experiential psychodrama workshop is created on the premise that women should be equal, but not the same as men, and should never be measured in patriarchal units. We bleed, we birth, we cycle with the moon.</p> <p>There are altars of transformation in a woman's life, and how she experiences her own birth, her menarche, birthing (not only babies are birthed), menopause and crone-dom give many messages about how she is perceived and valued as a woman.</p> <p>In Australia, women have a much higher rate of depression and anxiety than men. Setting aside the argument about reporting and diagnostic rates, let's just explore the cyclic nature of femininity and what it could mean to have the transitions and transformations of womanhood fully acknowledged, respected and celebrated. More than that, let's take a look at the cycles and turning of women's lives and know that they are real and should not be fashioned and suppressed by a patriarchal cultural conserve.</p> <p><i>Katherine Howard is a Maga woman. She is a mother, grandmother, sister, daughter and auntie. And a BFF. Katherine is a Psychodramatist and Occupational Therapist. She follows the rhythms and the cycles of the moon and the seasons and has a passion for the Celtic Tree Ogham. From 2018, she will be teaching the Four Seasons Journey for the School of Shamanic Womancraft.</i></p>	
2.	Richard Hall	<p><b>The exploration of the real self and the psychosexual area of development</b></p> <p>We all develop in our lives and we all speak of the psychosexual development. What does it mean and how can we as dramatists assist and be aware of this area of development? In this session we will explore this area from the age of 14, and together get a sense of sexuality as one develops into a mature human being. The workshop will include some ideas on the topic and then we will have personal sharing in action. It is hoped that by the end of our time together, we will have a better understanding of this important area of functioning and the development required as a sexual being.</p> <p><i>Richard Hall is a Psychodramatist and Counselling Psychologist, living in Melbourne. He has a private practice that includes working with individuals, couples and people in crisis due to being a Victim of crime. Richard has run personal development groups for over 26 years. He runs supervision groups and has over the past few years supervised staff at a drug and rehabilitation residential setting. Richard is on the staff at the Melbourne campus of Psychodrama Australia and also visits the Canberra Campus.</i></p>	Max 12 Group Members
3.	Marilyn Sutcliff	<p><b>Introduction to Journal Process Writing</b></p> <p>In Journal Process writing the focus is on warm up to self and others. It is both a reflective and contemplative process. For me the dialogue process at the heart of Ira Progoff's work is a written form of role reversal. As part of the warm up we will focus on history and to a number of areas in your present life that involve relationships and may involve social issues and creative endeavours and projects. This is a process you can integrate into your daily life.</p> <p><i>Marilyn Sutcliffe has run many Journal Process workshops over a number of years. She is a Psychodramatist working in private practice. She is also a TEP and is a staff member of the Auckland Training Centre for Psychodrama.</i></p>	Bring a folder or journal and coloured dividers.

4.	<b>Vanessa Valentine</b>	<p><b>Getting off the Starting Blocks</b> - What does it take to get a Role Training or Psychodrama group up and running?</p> <ul style="list-style-type: none"> <li>▪ In this session we will work with peoples' kinks, blocks &amp; obstacles to advertising &amp; starting a Psychodrama or Role Training group</li> <li>▪ I anticipate a collegial discussion with a sprinkling of mirroring, doubling, or modelling</li> <li>▪ My vision is that each person will leave the session feeling freshly resourced for setting up &amp; running a psychodrama or role training group in 2018</li> </ul> <p><i>Vanesa is self-employed and since 1999 has delivered Leadership and Communication Skills Training in the health sector. Certified as a Role Trainer in 2016, she has built up a supervision client base and begun counselling for EAP – working largely with Mental Health and Addiction issues.</i></p>	
5.	<b>Phil Corbett</b>	<p><b>Psychodrama of Illness</b></p> <p>Having recovered from a prolonged acute illness I discovered that in the process I experienced a significant transformation of many of my roles both personal and professional. I am interested in exploring by way of shared stories and enactment how illness has had a transformative effect on you or someone you know and to enquire how we may apply this knowledge in our personal life and in our clinical work.</p> <p><i>Phillip Corbett is an advanced trainee in psychodrama with a professional background in teaching, Chiropractic, and theatre. He lives in the Yarra Valley outside Melbourne in close contact with his four grown up children and five grandchildren.</i></p>	
6.	<b>Interested presenters</b>	<b>Space for Emergence</b>	

**Sunday afternoon 2:00pm – 3:00pm**

**Conference Closing Activities**