

threads

connecting

whakawhanaungatanga

tatou tatou

he tangata

# ANZPA CONFERENCE 2007

building

little by little

January 24 – 28  
Wellington

tenacity

spinning

people

strands

Playing with a

# systemic *perspective*

Psychodrama is a method that promotes systemic thinking, spontaneity and creativity. This thinking emphasises the interconnection and interdependence of all things. A deeper exploration of ourselves and the world in which we participate will enable us to discover the inseparability of all life and our appropriate place in the great chain of being. When this occurs we begin to discover the sacred in ourselves and in nature.

We are delighted to offer a wide range of presentations, workshops and discussions that address the conference theme of playing with a systemic perspective. The Conference will highlight the many and varied systems in which we work and play and will assist us to increase the creativity and spontaneity in our life, our relationships and our world. In particular we welcome the opportunity to work bi-culturally, promoting and enjoying the richness of Aotearoa/New Zealand's heritage.

*Joan Daniels*

Conference Convenor

Australia and New Zealand Psychodrama Association Inc.

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## CONFERENCE PROGRAMME

Tues 23 Jan	Wed 24 Jan	Thu 25 Jan	Fri 26 Jan	Sat 27 Jan	Sun 28 Jan	Mon 29 Jan	Tues 30 Jan
9.00am Welcome 9.30am Pre conference workshops	9.30am Pre conference workshops	9.00am Full day and half day workshops/ presentations	9.00am Workshops/ presentations	9.30am AGM and life of the association	9.00am Workshops/ presentations	9.30am Post conference workshops	9.30am Post conference workshops
12.30 lunch	12.30 lunch	12.30 lunch	12.30 lunch	12.30 lunch	12.30 lunch	12.30 lunch	12.30 lunch
2.00pm	1.30 – 4.30pm  5.15pm Opening/ Powhiri	2.00pm	2.00pm	2.00 – 4.30pm	1.30 – 3.00pm Closing/ Poroporoaki	2.00pm	1.30 – 4.30pm
5.00pm Dinner 7.30 – 9.30pm	6.30pm Dinner 8.00 – 9.30pm Opening address and reflections	5.30pm Dinner 7.15 – 9.00pm An evening of play	5.30pm Dinner 7.15 – 9.30pm Workshops/ presentations	Free time 6.30 – 12.00pm Dinner dance		5.00pm Dinner 7.30 – 9.30pm	

## CONFERENCE INFORMATION

### Conference Venue

Victoria University Student Union Building, Kelburn Parade, Wellington

### Accommodation

Student style accommodation at Weir House. Single and twin rooms available. Phones and hand basins in single rooms. Shared bathroom facilities on each corridor. Tariff includes bed and breakfast. 5-10 minutes easy walk to conference venue. Free transport to the venue will be available for those with limited mobility. For information about parking and alternative accommodation go to [www.anzpa.org/conf](http://www.anzpa.org/conf)

### Registration

Early bird registration closes on November 30. Complete the enclosed registration form and send with payment by:

Fax: +64 4 476 8184

Email: [conference@anzpa.org](mailto:conference@anzpa.org) or

Post: ANZPA Conference Registrar,  
PO Box 17-220, Wellington 6147,  
New Zealand

### Pre and Post Conference Workshops

Workshops will be held at Weir House. Lunch and dinner are included in workshop fee. Accommodation is additional.

### Opening/Powhiri

The Conference will be opened with a formal Maori welcome. Members of the ANZPA Central Region and local Maori will join together to welcome you to the Conference.

### ANZPA Annual General Meeting

Saturday 27 January, 9.30-4.30 at Victoria University Student Union Building. This includes a session exploring the life of the association.

### Dinner Dance

6.30 pm Saturday 27 January at the licenced Skyline Restaurant, a short ride in the famous Wellington Cable Car. Complimentary champagne to begin and a variety of food in smorgasbord style to suit every taste. Fabulous dance band 'Rhythm Plant' to play until midnight. Extra tickets available for \$75 each.

### Conference Catering

Every effort will be made to meet your dietary needs. Indicate on the registration form any specific requirements.

### Transport

A taxi from the airport to the venue costs around \$35. Shuttle buses are \$16 per head.

### Weather

Typical summer temperatures range from 13-24°C.

More information is available on [www.anzpa.org/conf](http://www.anzpa.org/conf)

## CONFERENCE WORKSHOPS/PRESENTATIONS

<b>Arohanui-Grace</b>	It's all in the warm-up...	<b>Chris Hosking</b>	The balcony as a resource
<b>Paul Baakman</b>	Tele and the development of intuition	<b>Peter Howie</b>	Working with the intersecting systems of different levels of learning
<b>Rob Brodie</b>	Playing in the cracks	<b>Jenny Hutt</b>	Putting the 'play' back into role play
<b>Rob Brodie</b>	Supervision and sharing for trainers in the ANZPA system	<b>Diana Jones</b>	The sociometry and social networks of leaders
<b>Brendan Cartmel</b>	Playing with an EVER BIGGER systemic perspective	<b>Hilde Knottenbelt</b>	More than the sum of its parts: improvised harmony singing and spoken word
<b>Max Clayton</b>	The business of warming up a group	<b>Liz Marks</b>	Playing with gratitude: a healer on our journey
<b>Jo-Anne Colwell</b>	Bullying: an exploration of the roles and systems	<b>Meredith McLeod</b>	The older person is part of the equation
<b>Mike Consedine</b>	Concretisation as a primary intervention	<b>Charmaine McVea</b>	The spontaneous auxiliary: bringing the protagonist's system to life
<b>Phillip Corbett</b>	Using improvisational drama exercises to explore family and work systems	<b>Jo Milne-Holmes &amp; Kate Hill</b>	Shift and change: moving bodies in systems-aware psychodramatic direction
<b>Mario Cossa</b>	Befriending your amygdala: playing with the brain as a neurological system	<b>Patricia O'Rourke</b>	Attachment capacity and social atom repair: a systemic perspective
<b>Sara Crane</b>	A necklace of raindrops – jewels and tears	<b>Simon &amp; Carol Parkinson-Jones</b>	Towards reconciliation: healing the pain of separation
<b>Helen Densley</b>	When systems talk with each other...	<b>Viv Pender</b>	Spontaneity in reviewing a life in a palliative care system
<b>Tony Densley</b>	Engaging with world religions: systems in action	<b>Elaine Sachnoff</b>	Intensity
<b>John Faisandier &amp; Richard Moss</b>	Exploring ethical dilemmas: a systemic look at interesting cases	<b>Katerina Seligman</b>	Applying principles of the creative process to the fulfilment of your life goals
<b>Annette Fisher</b>	Systems with artistry	<b>Carol Shand &amp; Roberta Simpkins</b>	Tatou tatou e: recognising diversity – coming together in unity
<b>Kevin Franklin</b>	The healing sorcerer: are we 'yes-but' apprentices or genuine healers?	<b>Diz Synnot</b>	Creating life-enhancing and life-giving social systems
<b>Tim Gartside</b>	Generating perspectives	<b>Sandra Turner</b>	Holding the strands of the trainer-trainee system
<b>Haydn Gibson</b>	Let's play with our dreams	<b>Craig Whisker</b>	Discovering the 'I' in family
<b>Cary Hayward</b>	Assisting couples to get beside each other through doubling	<b>Cher Willisroft</b>	Getting a handle on time
<b>Kate Hill</b>	Mapping changes in our lives: a presentation and demonstration of the social and cultural atom as a working concept		
<b>Brigid Hirschfeld</b>	Where four worlds meet: the client, the therapist, their relationship and the context		

For full descriptions of workshop sessions visit [www.anzpa.org/conf](http://www.anzpa.org/conf)

## PRE-CONFERENCE WORKSHOPS

### EXPLORING PSYCHODRAMA AS A SYSTEMIC METHOD

**Workshop leader:** Dr. Max Clayton (Aust)

The purpose of this workshop is to enlarge awareness of the possibilities for opening out a drama to the largeness of life during every phase of an enactment and to refine the ability to make good use of the psychodramatic techniques of scene setting, concretisation, maximisation and interviewing for role as a drama unfolds. The workshop should be OK for everyone whether you are beginning to involve yourself in this method or whether you are an old hand.

*Max Clayton has spent a large part of his life creating dramas. He sees the ever-present possibility of enlarging our capacity to be expressive and to include in our orbit aspects of life that have been previously hidden. He enjoyed training at the Moreno Institute and developing work as a psychodramatist. He has established training programs in Australia and New Zealand, in Japan, and in Europe and is the founder of the psychodrama association in Australia and New Zealand.*

**Cost:** NZ\$385 (GST inc.)

### 'A STORY IS LIKE THE WIND'

**Workshop leaders:** Bev Hosking (NZ) and Mary Good (Aust)

The stories – personal, family and cultural – that we are told and tell ourselves throughout our lives contribute to the shaping of our identity, values, and beliefs and influence our view of ourselves and our view of others. These stories also have an effect on our capacity to hear new stories, to listen to those who are different from us (the other). In this workshop we will explore difference and whether telling and listening to stories creates conditions that build receptivity, induce a spirit of enquiry and enlarge our capacity to stay with not immediately understanding, with not-knowing. These are important abilities in maintaining spontaneity in any relationship system. Participants will be involved in group work, telling and listening, and a range of enactments.

*Mary Good is a psychologist who is a qualified psychodramatist and a qualified group analytic psychotherapist. She is also a Playback Theatre practitioner and is currently studying painting and sculpture at Royal Melbourne Institute of Technology. In both her art work and her practice as a group analyst she is very interested in what happens in the communication from one person to another: what is communicated, what is received and what is created as a result.*

*Bev Hosking is a role trainer and is experienced in action methods that aim to promote social dialogue and the formation of cohesive communities. She has been an **International Fellow** at Brandeis University exploring the theme of Re-casting Reconciliation through Arts and Culture and is currently taking part in training in the use of telling stories to create dialogue. She is a founding staff member, trainer and Executive Director of Wellington Psychodrama Training Institute. She works as an individual and small group supervisor, consultant trainer, counsellor and Playback Theatre practitioner and trainer.*

**Cost:** NZ\$385 (GST inc.)

## POST CONFERENCE WORKSHOPS

### THE WEIRD AND WONDERFUL WORLD OF SYSTEMS – A SOCIODRAMA TRAINING WORKSHOP

**Workshop leader:** Vivienne Thomson (NZ)

This training workshop is for anyone working with or within an organisation seeking to better understand or influence the organisational dynamics. Considering systems in different ways can lead to new insights into how an organisation works, why it has problems, its capacity for evolving and how changes made in one part of the system may impact on others. We will expand our view of whole systems within systems, take multiple perspectives, appreciate interconnectedness, and recognise the idiosyncratic nature of organisations. Together we will play with our ideas as systems theorists and sociodramatists exploring and developing practical applications to particular situations that interest us.

*Vivienne Thomson is a Sociodramatist, TEP. She is a member of ANZPA and its Board of Examiners and is on the staff of the Auckland Training Centre for Psychodrama. A company director for 21 years, Vivienne works as a consultant to organisations in their quest for development and progress. She is currently involved in projects assisting organisations to build workplace partnerships between employers and unions. She lives on Waiheke Island with her husband Colin Martin pursuing particular interests including family, travel, cooking, gardening, playing the piano, photography and product development.*

**Cost:** NZ\$365 (GST inc.)

### THE ADOLESCENT ARENA: EFFECTIVE ACTION STRATEGIES FOR WORKING WITH YOUTH AND THEIR SOCIAL SYSTEMS

**Workshop leader:** Mario Cossa (USA)

The focus of this workshop is on experiencing the therapeutic and educational systems through the eyes and hearts of the adolescent. We will celebrate youthful enthusiasm as well as aggression and angst that make working with young people both a joy and a challenge.

Through the magic of role reversal, sociodrama, and psychodrama, along with teaching, discussion and processing, participants will:

- explore therapeutic and educational strategies that support the attainment of adolescent developmental challenges along the continuum from pre-adolescence to young adulthood;
- engage in and facilitate activities appropriate at various stages of adolescent group development;
- understand the elements that contribute to workable levels of safety in an adolescent group; and
- debate the importance of integrating ideas, theory and practice as a group leader.

The focus will be on experiential activity and is suitable for educators, guidance counsellors, youth group facilitators, and therapists, regardless of whether they have any experience with psychodrama.

*Mario Cossa, MA, USA certified TEP, Registered Drama Therapist/Master Teacher, and Theatre Educator who specializes in work with adolescent groups and trauma survivors. He has offered trainings in the USA, Canada, the UK, South Africa, Australia, and New Zealand. His new book, **REBELS WITH A CAUSE: Working with Adolescents Using Action Techniques**, was recently published by Jessica Kingsley Press, London.*

**Cost:** NZ\$385 (GST inc.)

To enrol complete the enclosed registration form or visit [www.anzpa.org/conf](http://www.anzpa.org/conf)